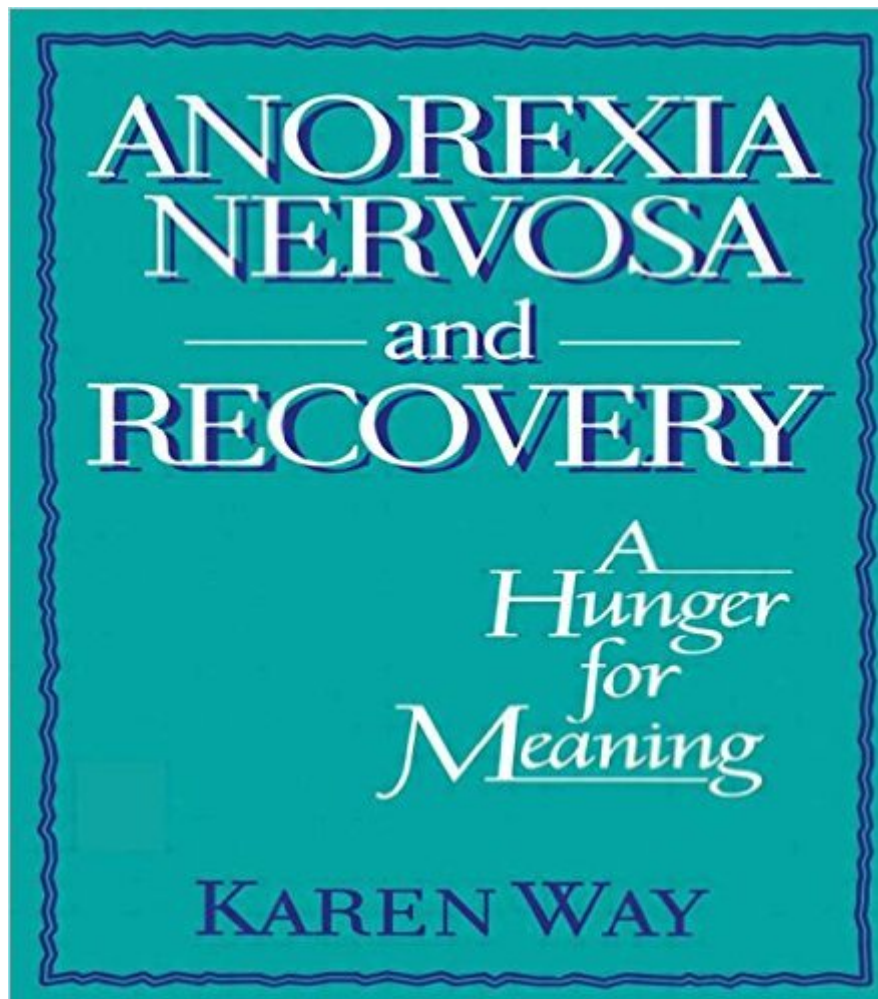


The book was found

Anorexia Nervosa And Recovery: A Hunger For Meaning (Haworth Women's Studies)



Synopsis

Through the voices of twenty-one women, Karen Way presents the most objective, complete, and compassionate picture of what anorexia nervosa is about and, more importantly, of the complex individual variables and obstacles in the journey to recovery. From the premise that anorexia nervosa is an addiction--an obsession controlling all aspects of an individual's life--and that complete recovery is possible by finding meaning in life, this enlightening book contrasts sharply to other books written on the subject by clinicians and theorists which merely speculate on the nature and etiology of anorexia nervosa. *Anorexia Nervosa and Recovery* lets the reader hear the personal struggles of women who have fought this powerful disease. They describe how anorexia controlled their lives and how, once they overcame their obsessions with food, weight, and thinness, they were able to lead fulfilling lives. This illuminating book encourages and inspires women who are in the throes of anorexia nervosa. They will recognize the emptiness in the voices and the descriptions of daily life. Therapists and clinicians who treat anorexic women will find intriguing chapters on events which trigger anorexia and what anorexics will do to maintain their strategies for coping. Concerned friends and family and others interested in understanding this controlling disease will be enlightened from this important and helpful book.

Book Information

Series: Haworth Women's Studies

Paperback: 154 pages

Publisher: Routledge; 1 edition (May 9, 1993)

Language: English

ISBN-10: 0918393957

ISBN-13: 978-0918393951

Product Dimensions: 0.5 x 6 x 8.8 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #3,377,110 in Books (See Top 100 in Books) #57 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #2417 in Books > Health, Fitness & Dieting > Mental Health > Eating Disorders #13740 in Books > Health, Fitness & Dieting > Nutrition

[Download to continue reading...](#)

Anorexia Nervosa and Recovery: A Hunger for Meaning (Haworth Women's Studies) *Hunger for Understanding: A Workbook for helping young people to understand and overcome anorexia*

nervosa Hope and Recovery: A Mother-Daughter Story About Anorexia Nervosa, Bulimia, and Manic Depression Anorexia Nervosa and Related Eating Disorders in Childhood and Adolescence: 2nd Edition Demystifying Anorexia Nervosa: An Optimistic Guide to Understanding and Healing (Developmental Perspectives in Psychiatry) Fasting Girls: The History of Anorexia Nervosa Treatment Manual for Anorexia Nervosa, Second Edition: A Family-Based Approach Treatment Manual for Anorexia Nervosa: A Family-Based Approach Anorexia Nervosa (Eating Disorders Book 2) Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Everlasting Hunger (The Hunger Mate Series) Gambling Addiction Recovery: Gambling Addiction Recovery and Cure of Your Life (Addiction Recovery, Addictions Gambling, Quit Smoking, Addiction) The Hunger Fix: The Three-Stage Detox and Recovery Plan for Overeating and Food Addiction Internet Guide to Cosmetic Surgery for Men (Haworth Internet Medical Guides) Popular American Recording Pioneers: 1895-1925 (Haworth Popular Culture) Handbook of Remotivation Therapy (Haworth Handbook Series in Psychotherapy) EROTICA: HUNGER FOR HEAVYWEIGHTS (BBW BBC short hot story) MADE FOR ALL Especially THE BIG ONES (LUST FOR SEXY THICK WOMEN) The Meaning of Peace: Biblical Studies : Expanded Bibliography (Studies in Peace and Scripture) Don't Let the Bastards Grind You Down: 50 Things Every Alcoholic and Addict in Early Recovery Should Know, or How to Stay Clean and Sober, Recovery from Addiction and Substance Abuse Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,)

[Dmca](#)